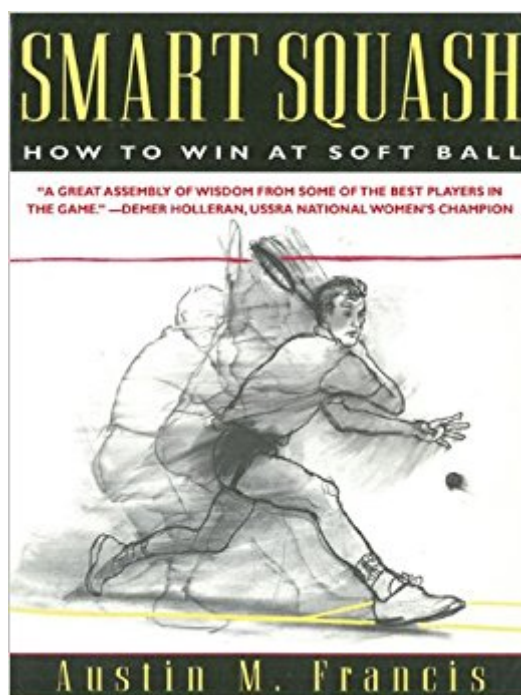


The book was found

Smart Squash: How To Win At Soft Ball



Synopsis

After more than one hundred years of playing squash with a hard ball, Americans switched, almost overnight, to using a soft ball. In order to aid this transition, Austin M. Francis wrote *Smart Squash: How to Win at Soft Ball*, a comprehensive guide to winning squash with this new method. For players of all levels, whether switching from hard ball or new to learning the game entirely, *Smart Squash: How to Win at Soft Ball* is a must-have. Francis draws from experience and advice from over thirty US and international coaches, champions, and professionals, covering all aspects of the game. Readers will learn tactics, strokes, shots, drills, match play, and strategies from this invaluable source of instruction and inspiration. Experienced squash players and novices alike will gain enormous wisdom and expert techniques from this all-encompassing guide to soft-ball squash. Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports; books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

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Customer Reviews

I think this would be a very useful book for someone who started with hardball and wanted to change over to play softball. As someone who started with softball, however, I was a little disappointed. I have also read Jahangir Kahn's "Go Play Squash" and I thought that book had much better descriptions of the technical aspects of the softball game. For me, too much of Francis' book focused on overcoming hardball habits that I don't have. But the book did contain many useful quotes from professionals about tactics and mental preparation.

Very good book. Explains the basics and gives some more advanced tips. The only bad comment I have is that it speaks a little too much of differences between hard ball and soft ball squash.

Loved the book. After many years layoff of playing this book was a real delight and joy. It has helped me some in my game, but age has caught up with me and I now see the ball sailing overhead and I am not moving as fast as before! Really weird! But it is great to teach youngsters the game, and the book is tops for any squash player. Have given it as a gift to several.

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